

## COMPARATIVE STUDY OF EMOTIONAL INTELLIGENCE BETWEEN COACHES OF SELECTED SPORTS

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### ABSTRACT

A survey study was carried out on ninety male Coaches (n=90) of football, athletics and kho-kho, thirty from each sports, age ranged from 35-40 years, belonging to maharashtra state with a view to see the emotional intelligence of coaches of selected sports. The survey was carried out to see emotional intelligence status between coaches of selected sports by using Emotional intelligence Scale of Anukooln Hyde, Sanjyot Pethe & Upinder Dhar. The Emotional intelligence Scale measure four aspect of emotional intelligence(i.e.self awareness,self motivation,self management and mananging relationship). The responses of each statement was measured on five point likert scale (i.e.strongly agree,agree, uncertain,disagree and strongly disagree) .The result was analyzed by using one way analysis of variance (ANOVA) and the level of significance was set at 0.05.The findings shows significant difference in emotional intelligence between coaches of selected sports( $F=27.19$   $p<0.05$ ), further LSD post hoc test was employed. Thus this study conclude that football coaches have good emotional intelligence as compared to coaches of athletics and kho-kho.

**Key words:** Emotional Intelligence, Coaches, Football and Kho-Kho