

A COMPARATIVE ANALYSIS OF EMOTIONAL STABILITY AND MANAGING RELATIONS OF ACTIVE AND INACTIVE BOYS

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ABSTRACT

The purpose of the study was to compare the Emotional Stability and Managing Relations of Active and Inactive boys (age 16-18 years). One hundred and fifty (150) Active and One hundred and fifty (150) Inactive boys were randomly selected for the study. To measure Emotional Stability and Managing Relations of Active and Inactive boys Emotional Intelligence Scale adopted by Aunukool Hyde et.al. was used. For statistical analysis and Interpretation of data 't' test was conducted. It was observed that there was significant difference in Emotional Stability and Managing Relations of Active and Inactive boys. Active boys have higher Emotional Stability and Managing Relations ability as compare to Inactive boys.

Keywords: Emotion Stability, Managing relation, Active and Inactive