

PARENTAL ATTITUDE TOWARDS FEMALE'S PARTICIPATION IN PHYSICAL ACTIVITIES

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ABSTRACT

The purpose of the study was to see the parental attitude towards female's participation in Physical activities. The questionnaire was administered to 200 parents of students who were presently studying in Government and Private high schools of Gwalior. The respondents were requested to fill up the questionnaire. The present study involves collection of relevant information through a questionnaire, which was administered to the respondents selected for the study. Hiding of information or furnishing incorrect responses may yield distorted fact, which is recognized as a limitation of the problem. The survey method was used in conducting the study. The necessary information was collected through a questionnaire; questionnaires were administered to parents by the researcher from the analysis of the responses made by the parents. It is evident that majority of them have a positive attitude toward female's participation in physical activities, although the reasons may defers from individual to individual. Positive attitude may be due to fact that many parents have sports back ground as they understand the importance of fitness in day to day life, so they encourage their daughters to engage or participate in games/sports.

Keywords: Background, Carrier, Fitness and Seasonal.

INTRODUCTION

The changing role of women in society from the Victorian age to the present manifest an enormous social revolution, in which sports have played a major role and thus the development of women's sports in present century definitely is one of the most fascinating topic. A woman in sports has the topic virtually ignored by most scholars and thus female's sports participation has been relatively undeveloped area of research. It is necessary to find out the parental attitude towards female's participation in physical activities, which may be adversely affecting the participation of female's in physical activities. It was hypothesis that most of the parents have a positive attitude towards female's participation in physical activities. The survey method was used in conducting the study. The necessary information was collected through a questionnaire; questionnaires were administered to parents by the researcher from the analysis of the responses made by the parents. It is evident that majority of them have a positive attitude toward female's participation in physical activities, although the reasons may defers from individual to individual. Positive attitude may be due to fact that many parents have sports back ground as they understand the importance of fitness in day to day life, so they encourage their daughters to engage or participate in games/sports.

Objective of the study

The objective of the study was to see the parental attitude towards female's participation in Physical activities

METHODOLOGY

The survey method was used in conducting the study. The necessary information was collected through a questionnaire; questionnaires were administered to parents by the researcher. The questionnaire was administered to 200 parents of students who were presently studying in Government and Private high schools of Gwalior. The respondents were requested to fill up the questionnaire. The present study involves collection of relevant information through a questionnaire, which was administered to the respondents selected for the study.

Statistical Analysis

The data was collected by the researcher himself. The responses given by subjects were analyzed using Chi-square test at the level of significance (.05 level). Responses were also analyzed in percentage.



FINDINGS

TABLE-1

CHI-SQUARE OF THE PARENTAL ATTITUDE TOWARDS FEMALES PARTICIPATION IN PHYSICAL ACTIVITIES

Do you think that sports women do not have a career in India?

	Yes (%)	No (%)	Total (%)
Fo	30 (16.6%)	150 (83.4%)	180 (100%)
Fc	90	90	180
Fo-Fe	60	60	
(Fo-Fe) ²	3600	3600	
$\frac{(Fo-Fe)^2}{Fe}$	40	40	

CaLX² 80⁸ TabX² 3.84

* Significant

Table-1 shows that the significant difference obtained between the responses, i.e., sports women do not have a career in sports in India where obtained Chi-square value was much higher i.e. 80 than the required value at 0.05 level of confidence ($X^2_{0.05} = 3.84$)

Further results shows that 83.4% of parents are in favor of sports women have a sports career in sports in India, were as 16.6% of parents do not favour women to have a career in sports.



TABLE- 2
CHI-SQUARE OF THE PARENTAL ATTITUDE TOWARDS FEMALES PARTICIPATION IN PHYSICAL ACTIVITIES
Do you permit your daughter's to participate in games? If 'Yes' do you encourage them to participate
(a) Through out the year (b) Seasonally (c) Occasionally.

Throughout Year		Seasonally	Occasionally
31.6		55.8	12.6
Yes	%	No %	Total %
Fo	158 87.7%	22 12.3%	180 100%
Fe	90	90	180
Fo-Fe	68	68	
(Fo-Fe) ²	4624	4624	
$\frac{(Fo-Fe)^2}{Fe}$	51.3	51.3	

Cal. X^2 102.6^a

^aSignificant Tab X^2 3.84

Table- 2 shows that the significant difference obtained between the responses, i.e. giving permission to their daughters to participate in games, throughout the year, seasonally, occasionally where obtained Chi-square was much higher i.e. 102.6 than the required Chi-square value at .05 level of confidence ($X^2_{.05} = 3.84$). Further results shows that 87.7% parents allow their daughters to participate in games and sports were as 12.3% parents do not allow their daughters to participate in games. Further 31.6% parents allow their daughters to participate in games throughout the year, 55.8% of parents allow their daughters to participate in games seasonally, 12.6% of parents allow their daughters to participate in games occasionally.

TABLE- 3
CHI-SQUARE OF THE PARENTAL ATTITUDE TOWARDS FEMALES PARTICIPATION IN PHYSICAL ACTIVITIES
Do you provide the required facilities to your daughters to encourage them to participate in games?

	Yes	%	No	%	Total	%
Fo	130	72.2%	50	27.8%	180	100%
Fe	90		90		180	
Fo-Fe	40		40			
(Fo-Fe) ²	1600		1600			



(Fo-Fe)² 17.7 17.7

Fe

Cal. X² 35.5^a

^aSignificant TabX² 3.84

Table-3 shows that the significant difference obtained between the responses, i.e., providing the required facilities to their daughters to encourage them to participate games, where obtained Chi-square was much higher i.e. 35.5 than the required Chi-square value at .05 level of confidence (X².05 =3.84)

Further results shows that 72.2% of parents provide the required facilities to their daughters and also encourage them to participate in games, 27.8% of parents do not provide the required facilities and also not allow to participate in games. Facilities involve money, time, conveyance, dress and equipment required for the games.

TABLE-4

CHI-SQUARE OF THE PARENTAL ATTITUDE TOWARDS FEMALES PARTICIPATION IN PHYSICAL ACTIVITIES

Do you encourage your daughters to participate in tournaments?

	Yes	%	No	%	Total	%
Fo	169	93.8%	11	6.2%	180	100%
Fe	90		90		180	
Fo-Fe	79		79			
(Fo-Fe) ²	6241		6241			
(Fo-Fe) ²	69.3		69.3			

Fe

Cal. X² 138.6^a

^aSignificant TabX² 3.84

Table-4 shows that the significant difference obtained between the responses, i.e., encouraging daughters to participate in tournaments, where obtained Chi-square was much higher i.e. 138.6 than the required Chi-square value at .05 level of confidence (X² .05 =3.84) Further results shows that 93.8% of parents encourage their daughters to participate in the tournaments, where as 6.2% parents do not encourage their daughters to participate in tournament.

Aspects of Parental Attitude towards Females Participation in Physical Activity

The Numbers of Statement in Each Aspect

Sr. No.	ASPECT	No. OF STATEMENT	SERIAL No. OF STATEMENT
1	Father's Sports Career	6	1 to 6
2	Facilities for Daughter's	8	7 to 14
3	Religious aspect	2	15 to 16
4	Sports Wear	2	17 to 18



5	Customs & Traditions	5	19 to 23
6	Emotional Aspect	5	24 to 28
7	Social Aspect	9	29 to 37

DISCUSSION OF FINDINGS

From the analysis of the responses made by the parents. It is evident that majority of them have a positive attitude toward female's participation in physical activities, although the reasons may defers from individual to individual. Positive attitude may be due to fact that many parents have sports back ground as they understand the importance of fitness in day to day life, so they encourage their daughters to engage or participate in games/sports.

Further physical fitness, healthy life style and in general total well being are other reasons for encouraging their daughters to participate in physical activities. Moreover parents have shown greater enthusiasm to allow their daughters to take competitive sports seriously, excel, in sports to reach international level and even choose sports as a career.

Therefore their willingness to provide them required equipment's & coaching facilities as well as competitive experience by allowed them to participate in different levels of competition.

It was hypothesized that most of the parents have positive attitude towards female participation in physical activities. From the findings it was observed that mostly parents have a positive attitude towards female's participation in physical activities. Therefore the Hypothesis is accepted.

CONCLUSION

In this study it was concluded that the parents have very positive attitude towards participation of their daughters in Physical activities as it apparent from the fact that taking part in sports, allowing daughter to participate in games/sports with boys, performing dancing with boys while performing cultural activities games/sports were meant for selected few women who possessed extraordinary qualities, were not found significant. There is a positive attitude of parents towards female's participation in physical activities since the responses have showed significance results. Parents have indicated a positive attitude towards female's participation in Physical activities, which is an encouraging and healthy sign. Efforts should be made to provide better facilities and well organized programme of physical education in schools for qualitative and quantitative female participation. Results shows that 94.4% of parents have positive responses towards participation in games/sports help their daughters in achieving "Sound mind in a sound body", Where as 5.6% parents are against the statement.

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